



REMÈDE®

SPA

THE ST. REGIS DEER VALLEY



REMÈDE SPA AT THE ST. REGIS DEER VALLEY

REMÈDE SPA

Remède Spa is committed to creating an exceptional experience for each guest. Our goal is to surpass all expectations and to help you escape to a sanctuary of indulgence and relaxation. Our staff is dedicated to ensuring that your spa experience is spectacular.

CUSTOMIZATION

Remède Spa recognizes that each guest, each face and each body is unique. We customize each treatment to meet your individual needs and to deliver the benefits you seek. No luxury is spared in our quest to create unparalleled results and experiences.



BODY TREATMENTS

THE REMÈDE CUSTOMIZED BODY TREATMENTS

Wonderful alternatives to the Remède Customized Massage, our Remède Customized Body Treatments are designed to relax, hydrate and improve the overall appearance of your skin.

THE REMÈDE CUSTOMIZED BODY POLISH

Improve skin texture and appearance with a selection of rich body polishes to gently resurface your skin. An invigorating exfoliation will prepare the body for an application of vitamin-rich emulsion that leaves skin incredibly soft and luminous.

45 minutes - \$155

THE REMÈDE CUSTOMIZED WRAP

Whether you seek deep cleansing, nourishing or revitalizing benefits, your Remède Spa Therapist will customize a body wrap to meet your individual needs. Your skin will feel noticeably softer and optimally moisturized.

50 minutes - \$175



MASSAGE

THE REMÈDE CUSTOMIZED MASSAGE

Whether you seek relief for overexerted muscles or simply want to let your mind and body escape reality, your Remède Spa technician will customize your massage using specialty products including aromatherapy blends, warm paraffin and a variety of therapeutic techniques to achieve ultimate relaxation and rejuvenation.

80 minutes - \$275

50 minutes - \$205

COUPLES MASSAGE

Create a private sanctuary together as you indulge in a Remède Customized Massage side-by-side in your own treatment suite.

80 minutes - \$550

50 minutes - \$410

PRE-NATAL HARMONY

This special massage is designed to meet the needs of the mother-to-be's changing body. Warm comforting sweet almond and jojoba oils nourish the skin and calm the mind and body. Available for guests in their second and third trimester only.

80 minutes - \$275

50 minutes - \$205

HOT POULTICE MASSAGE

A poultice combines herbs wrapped in cloth and a customized oil which is then steamed and used to massage fatigued muscles. The heat of the poultice will relieve soreness and rebalance the body.

80 minutes - \$305



SIGNATURE MASSAGE

BEAR DANCE RITUAL

Folklore shares that local Native American tribe members gathered around fires in winter to share stories of their history and survival. As winter drew to an end, it was time to perform the Bear Dance to celebrate and release stresses and tensions. Experience the Bear Dance Ritual and release stresses and tensions with this revitalizing, purifying and exfoliating treatment for face and body using Ayurvedic principles, indigenous herbal poultices and massage to soothe aching muscles and renew vitality.

120 minute ritual - \$410

THAI MASSAGE

Performed on a traditional Thai futon, this treatment opens and stretches joints, muscles and tendons allowing for a balancing of the body's life energy. You will feel relaxed, rejuvenated and in a refreshed state of physical and mental well-being. Please wear loose comfortable clothing.

80 minutes - \$275

IN ROOM MASSAGE

Enjoy a Remède Customized Massage in the comfort of your guest room.

80 minutes during spa hours - \$330

After spa hours - \$380

50 minute during spa hours - \$250

After spa hours - \$300

Please inquire about availability of in room massage services with Remède Spa Concierge.



SKINCARE

SCULPT, LIFT AND CONTOUR FACIAL

Lift and plump your skin with our exclusive treatment that serves as a replacement for fillers and Botox. Our surgical alternative treatment infuses the skin with all the benefits of microinjections without the neurotoxins, while visibly lifting and tightening facial skin after just one treatment.

80 minutes- \$375

THE REMÈDE CUSTOMIZED FACIAL

Our Master Estheticians will design a bespoke facial to address your specific skincare needs while ensuring your complete, luxurious relaxation. Each facial begins with a warm paraffin foot wrap and includes thorough cleansing and exfoliation. Meticulous extractions are performed, if needed, followed by serum application, facial massage and mask. Your personalized experience ends with a detailed home care routine, allowing you to extend your Remède Spa experience into your home.

80 minutes - \$290

50 minutes - \$205

THE REMÈDE CUSTOMIZED MEN'S FACIAL

This treatment addresses the specific skin care needs of men, with close attention paid to ingrown hairs and uneven skin tone caused by sun damage, stress and travel.

80 minutes - \$290

50 minutes - \$205



WAXING SERVICES

FACIAL WAX

Lip or Chin	\$20
Cheeks	\$30
Brow	\$40
Ear	\$20
Full Face	\$95

BODY WAX

Full Arm	\$75
Half Arm	\$50
Underarm	\$30
Full Leg	\$95
Upper Leg	\$65
Lower Leg	\$45
Brazilian Bikini	\$125
Basic Bikini	\$65
Chest	\$120
Stomach	\$80
Back	\$120
Half Back	\$80



REMÈDE SPA

NAIL SERVICES

WELLNESS MANICURE OR PEDICURE

Relax, nourish and strengthen your nails with this vegan, nontoxic and eco conscious nail experience. This treatment uses the latest nail technologies to provide gel polish wear time without damaging chemicals or lights. Nails are rock hard and completely dry after 5 minutes. An ideal treatment for those with weak, sensitive nails and pregnant women.

MANICURE: 45 minutes - \$75

PEDICURE: 60 minutes - \$105

THE REMÈDE MANICURE OR PEDICURE

A signature micro-exfoliating treatment that visibly brightens skin. A moisturizing paraffin mask, relaxing massage and expert polish application are included in treatment.

MANICURE: 45 minutes - \$65

PEDICURE: 60 minutes - \$95

MOUNTAINEER EXPRESS MANICURE OR PEDICURE

A classic manicure including nail shaping, cuticle care, relaxing massage and expert polish application.

MANICURE: 30 minutes - \$45

PEDICURE: 45 minutes - \$75

NAIL SERVICES



SPA WELLNESS

OXYGEN INHALATION THERAPY

Maintaining proper oxygen levels in the body is essential for health and vitality. Supplemental oxygen therapy is said to be one of the most powerful and efficient methods of re-energizing the body and cleansing the blood. It proves especially helpful after a journey from the sea to the high mountains.

20 minutes - \$40

Please inquire with the spa concierge regarding wellness offerings including yoga classes, personal training, Reiki, energy work and other services to achieve balance for the mind and body.

For scheduling please call 435.940.5830

PLANNING A VISIT

Remède Spa is an adult environment of tranquility and relaxation. We respect the right of all our guests to privacy and quiet by following these principles of spa courtesy:

- Please refrain from using cellular phones
- Guests 16 years of age and older are welcome in the spa
- We recommend against bringing valuables to the spa
- Guests who receive a 50 minute spa treatment will have complimentary use of steam room, sauna, whirlpool Jacuzzi, private locker room, and tranquility lounge.
- We recommend scheduling treatments a minimum of 2-weeks prior to your arrival.
- All services are guaranteed with a credit card or room confirmation number.

Use of the facilities without a treatment or a consultation is available to hotel guests for a daily fee.

ARRIVAL PROCEDURES

We recommend that you arrive at Remède Spa at least 30 minutes prior to your scheduled appointment time so that you can enjoy the optimal spa experience. We also recommend showering prior to your service in order to receive maximum treatment benefit. Please note that should you arrive late for your treatment, your technician may have to shorten the duration of your service to avoid inconveniencing other guests. Full rates would still apply in this instance.

CANCELLATION POLICY

Should you need to cancel your appointment, we require notification 24 hours in advance. Full payment is required should cancellations be received after this time.

AUTOMATIC GRATUITY

For your convenience, a 20% service charge will be added to Remède Spa treatment prices upon checkout. Should you wish to increase or reduce this amount based on your service satisfaction, please notify the Remède Spa Concierge upon checkout. Envelopes are provided at the front desk should you wish to leave a cash gratuity.

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